



**2011 FLORIDA SWIMMING  
Harry Meisel Championships –  
East**



- SANCTIONED BY:** Florida Swimming Member of USA Swimming Sanction # 5673
- SPONSORED BY:** FLORIDA SWIMMING, INC.
- CONDITION OF SANCTION:** \*The competition course has been certified in accordance with 104.2.2C(4). The copy of such certification is on file with USA Swimming.  
\*In granting this approval it is understood and agreed that USA Swimming and Florida Swimming shall free and held harmless from any liabilities or claims from damages arising by reason of injuries to anyone during the conduct of the meet.  
\*Any swimmer entered in the meet must be certified by a USA Swimming member-coach as being proficient in performing a racing start or must start each race from within the water. When unaccompanied by a member-coach, it is the responsibility of the swimmer or the swimmer's legal guardian to ensure compliance with this requirement.  
\*Use of audio or visual recording devices, including a cell phone is permitted only in designated areas.
- CAMERA ZONES:** Per Florida Swimming Rule 223.12, Meet Management shall designate and inform the public of "Camera Zones" at each swim meet where both still photography and video photography of a race or a competitor in a race may be taken. Acceptable "Camera Zones" may include, but are not limited to the side courses of a pool, team gathering areas, concession area, turn-end of competition course when not in use as a "start-end," etc. Meet Management shall also designate "Non-Camera Zones". Under NO circumstances will Camera Zones include the area immediately behind the starting blocks at either end of the racing course(s) while they are in use for "race starting purposes" during competition and warm-ups, locker rooms, restrooms, or any other dressing area. Any individual failing to abide by this rule could be subject to the Florida Swimming Code of Conduct violation as defined in Rule 239.2.
- HOSTED BY:** Central Florida Marlins & Beaches Aquatic Club
- TYPE OF MEET:** 25 Yard short course - 8 & U, 10 & U, 11 & 12, 13 & 14, 15 - 18 timed finals  
  
\*\*Flyover starts may be used at the discretion of the meet management and referee.
- DATE AND TIME:** Saturday and Sunday, December 10-11, 2011.  
11 & 12, 13 & 14, 15 – 18, 9:00 A.M. start; 8 & U and 10 & U, not before 12:00 noon.
- LOCATION:** Cecil Aquatics Center  
13611 Normandy Blvd.  
Jacksonville, FL 32221 Ph: 904-573-8994
- POOL SPECS** One 25 yard course of 10 or 8 lanes certified indoor heated pool or two 8 lane 25 yard courses with minimum water depth at the competition starting 7 turn end of 5'0", non-turbulent lane lines and an additional 25 yard pool for continuous warm-up during the meet.
- TIMING EQUIPMENT:** Colorado timing system and back up; *HYTEK Meet Manager for Windows* will be used to score the meet.
- WARM UP:** Forty-five minutes guaranteed for each session.  
Swimmers must enter the pool feet first with one hand on the pool deck unless doing a racing start while supervised by a coach in the appropriate lane at the appropriate time.
- WARM UP TIMES:** 8:00 a.m. for 11 & 12, 13 & 14 and 15 - 18 age group; not before 11:00 a.m.  
for 8 & Under and 10 & Under age groups.
- ELIGIBILITY:** Open to any Florida Swimming currently registered swimmers. A swimmer may not enter any individual event in which he or she has achieved a USA Swimming A time as listed on the Order of Events, nor is that individual eligible to swim that stroke (regardless of distance) in a relay event.

DECK REGISTRATION: No entrant will be permitted to compete unless the entrant is a member of USA Swimming as provided in Article 302. On-deck registration will be permitted prior to the start of the meet and handled by the Head Referee.

SEEDING: Seeding for the meet shall be by short course yard times, then long course meter times. Short course meter times and conversions are not allowed. Relay forms will be available at the Clerk of Course.

SCRATCHES: No penalty for scratching at the block.

ENTRY LIMIT: Four (4) individual events per session or five (5) events for the day plus relays. A swimmer whose entry exceeds that limit will be considered entered in the first 4/5 events listed on the entry.

RELAY ENTRIES: Teams may only enter two (2) relays per event

ENTRY FORM: Entries must be submitted on the enclosed Entry Form, which will also serve as proof of registration. The current USA registration number must be listed on the entry form and it must be signed by a member of USA who is completing the form. In addition, your Master Entry Form must be completed and returned with your entries. Entries may be submitted by electronic entry on the HyTek Export format. Entries will be accepted via electronic mail attention **Dale Porter** or via mail on a 1.44 megabyte disk. Disk or email entries must be accompanied by a backup hard copy of the entry. List all attending coaches, contact and phone numbers in the body of the email, which serves as proof of entry. Current USA Swimming registration number, full name, age, and entry times must be listed. All entry and Master Entry forms must be signed and enclosed. No substitutions.

ENTRY FEES: **\$ 3.00 per individual event. \$ 5.00 per relay event.**  
**\$ 10.00 facility charge per swimmer entered.**

DECK ENTRIES: **\$ 10.00** per individual deck entry to fill existing heats only. No new heats will be created. Deck entries will be accepted by the referee or his/her designee up to 30 minutes before the start of each session. Swimmers must meet the time standards for the meet. A swimmer may not drop an already-entered event to deck enter another; the entry limit still applies. **\$ 10.00** for Relay teams deck entered.

ENTRY DEADLINE: Entries must be received by **5:00 p.m. on Monday, December 5, 2011.**  
A check or money order, payable to the **Central Florida Marlins** must accompany the entries.  
Mail first class to :  
**Bob Anderson**  
**120 Atlantic Blvd.**  
**Neptune Beach, FL 32266**

AWARDS: Team: High Point - 1st - 3rd  
Team Spirit Award (Picked by Committee)

Individual events: 1st - 3rd "B" meet medals 4th - 8th "B" meet ribbons  
Relays: 1st - 3rd "B" meet medals 4th - 8th "B" meet ribbons

SCORING: Individual: 20-17-16-15-14-13-12-11-9-7-6-5-4-3-2-1  
Relay: 40-34-32-30-28-26-24-22-18-14-12-10-8-6-4-2

TEAM REP.: Prior to the start of the meet, the name of one person other than the coach, who may check with the referee about any matter pertaining to the team must be given to the referee. The coach and that person ONLY will be recognized. Each team will provide supervision for its team as designated by the safety officer.

OFFICIALS: HEAD REFEREE: **Sue Carlin** ADMINISTRATIVE REFEREE: **Connie Overton**  
STARTER: **Robert Thompson** CHIEF STROKE & TURN: **Ellen Johnson**  
HEAD MARSHALL: **Bill Vargo** MEET MANAGER: **Bob Anderson**

- RULES:** Current USA Swimming technical rules will govern.
- COACHES/OFFICIALS:** Coaches and Officials shall wear their USA Swimming registration cards in a conspicuous location at all times while on deck during a sanctioned swim meet.
- DECK RESTRICTION:** USA Swimming Insurance Safety Regulation require the swimming pool deck, during the operation of Florida Swimming, Inc. sanctioned meets, be closed to all persons except swimmer, coaches, marshals, officials and meet personnel. Credential tags must be presented to enter the pool deck area.

**WARM UP SCHEDULE**  
**No equipment may be used at any time**

The first half is general warm up as follows

- LANE 1 Push off 25's pace circle swim
- LANE 2 Swim and pull only push off
- LANE 3 Swim and pull only push off
- LANE 4 Swim and pull only push off
- LANE 5 Swim and pull only push off
- LANE 6 Swim and pull only push off
- LANE 7 Swim and pull only push off
- LANE 8 Push off 25's pace circle swim

The second half is controlled warm up as follows

- LANE 1 Push off 25's pace circle swim
- LANE 2 Racing start one length only from the east end only
- LANE 3 Swim and pull only push off
- LANE 4 Swim and pull only push off
- LANE 5 Swim and pull only push off
- LANE 6 Swim and pull only push off
- LANE 7 Racing start one length only from the east end only
- LANE 8 Push off 25's pace circle swim

**One hand must be on the pool deck when swimmers enter the water, unless doing a racing start while supervised by a coach in the appropriate lane at the appropriate time.**

**Warm ups may be modified by the Referee or Meet Management to suit the needs of the competitors.**

**2011 Florida Swimming Harry Meisel Championship – East**  
**Order of Events**  
**(Times entered must be slower than listed in the Order of Events)**

**Saturday, December 10**

**Session 1 Warm up 8:00 am**

**Meet starts at 9:00 am**

<u>Event #</u>	<u>Age Group</u>	<u>Event</u>	<u>Girls</u>		<u>Boys</u>	
			<u>SCY</u>	<u>LCM</u>	<u>SCY</u>	<u>LCM</u>
1-2	11 - 12	100 Free	1:03.09	1:13.49	1:02.69	1:11.39
3-4	13-14	100 Free	1:02.19	1:10.39	57.39	1:05.99
5-6	15-18	100 Free	1:00.79	1:08.59	55.19	1:03.09
7-8	11-12	50 Breast	37.79	42.09	37.29	43.09
9-10	13-14	100 Breast	1:17.59	1:28.99	1:12.09	1:21.29
11-12	15-18	100 Breast	1:15.69	1:26.69	1:08.89	1:19.69
13-14	11-12	100 Back	1:14.19	1:23.29	1:12.29	1:23.59
15-16	13-14	200 Back	2:27.29	2:47.39	2:18.19	2:40.69
17-18	15-18	200 Back	2:23.89	2:44.29	2:12.39	2:31.29
19-20	11-12	50 Fly	32.39	36.29	32.09	36.19
21-22	13-14	100 Fly	1:07.79	1:16.49	1:02.89	1:11.09
23-24	15-18	100 Fly	1:06.29	1:14.19	1:00.09	1:07.69
25-26	11-12	100 IM	1:13.19	-----	-----	-----
27-28	13-14	200 IM	2:30.49	2:51.49	2:20.29	2:42.39
29-30	15-18	200 IM	2:26.99	2:47.29	2:15.09	2:35.39
31-32	11-12	*100 Free Relay	-----	-----	-----	-----
33-34	13-14	*100 Free Relay	-----	-----	-----	-----
35-36	Open	200 Free Relay	-----	-----	-----	-----
37-38	Open	500 Free	5:47.39	5:08.89	5:24.29	4:50.19

**Session 2 Warm up not to start before 11:00 am**

**Meet not to start before Noon**

<u>Event #</u>	<u>Age Group</u>	<u>Event</u>	<u>Girls</u>		<u>Boys</u>	
			<u>SCY</u>	<u>LCM</u>	<u>SCY</u>	<u>LCM</u>
39-40	10&U	100 Free	1:11.89	1:21.89	1:10.79	1:20.59
41-42	8&U	50 Free	32.19	36.39	31.59	36.09
43-44	10&U	50 Breast	41.99	48.29	42.19	48.49
45-46	8&U	25 Breast	-----	-----	-----	-----
47-48	10&U	100 Back	1:22.19	1:35.29	1:21.29	1:33.29
49-50	8&U	50 Back	38.09	43.69	38.29	43.89
51-52	10&U	50 Fly	37.29	42.09	36.69	40.99
53-54	8&U	25 Fly	-----	-----	-----	-----
55-56	10&U	100 IM	1:22.59	-----	1:21.09	-----
57-58	8&U	100 IM	1:22.59	-----	1:21.09	-----
59-60	10&U	*100 Free Relay	-----	-----	-----	-----
61-62	8&U	*100 Free Relay	-----	-----	-----	-----
63-64	10&U	200 Free	2:36.39	2:58.49	2:31.89	2:52.39

**Sunday, December 11****Session 3 Warm up 8:00 am****Meet starts at 9:00 am**

<u>Event #</u>	<u>Age Group</u>	<u>Event</u>	<u>Girls</u>		<u>Boys</u>	
			<u>SCY</u>	<u>LCM</u>	<u>SCY</u>	<u>LCM</u>
65-66	Open	100 IM	1:13.99	-----	1:11.49	-----
67-68	11-12	200 Free	2:19.89	2:37.69	2:16.19	2:24.89
69-70	13-14	200 Free	2:13.79	2:31.79	2:05.29	2:23.29
71-72	15-18	200 Free	2:10.39	2:27.19	2:00.09	2:17.19
73-74	11-12	100 Fly	1:13.19	1:22.89	1:11.69	1:21.49
75-76	13-14	200 Fly	2:28.59	2:48.29	2:20.29	2:38.79
77-78	15-18	200 Fly	2:24.49	2:42.69	2:13.39	2:30.59
79-80	11-12	50 Back	33.89	38.99	33.49	38.69
81-82	13-14	100 Back	1:08.49	1:17.79	1:04.19	1:14.49
83-84	15-18	100 Back	1:06.59	1:16.29	1:01.09	1:10.59
85-86	11-12	100 Breast	1:22.19	1:33.79	1:20.49	1:32.49
87-88	13-14	200 Breast	2:46.79	3:11.99	2:36.29	3:01.99
89-90	15-18	200 Breast	2:42.79	3:05.69	2:30.09	2:54.29
91-92	11-12	50 Free	29.49	33.69	28.59	32.59
93-94	13-14	50 Free	28.69	32.49	26.29	30.29
95-96	15-18	50 Free	27.99	31.79	25.29	28.79
97-98	11-12	*100 Medley Relay	-----	-----	-----	-----
99-100	13-14	*100 Medley Relay	-----	-----	-----	-----
101-102	Open	200 Medley Relay	-----	-----	-----	-----
103-104	11-12	200 IM	2:37.59	2:59.79	2:35.59	2:58.09
105-106	Open	400 IM	5:09.89	6:00.99	5:00.49	5:44.49

**Session 4 Warm up not to start before 11:00 am****Meet not to start before Noon**

<u>Event #</u>	<u>Age Group</u>	<u>Event</u>	<u>Girls</u>		<u>Boys</u>	
			<u>SCY</u>	<u>LCM</u>	<u>SCY</u>	<u>LCM</u>
107-108	8&U	25 Free	-----	-----	-----	-----
109-110	10&U	50 Free	32.19	36.39	31.59	36.09
111-112	8&U	50 Fly	37.29	42.09	36.69	40.99
113-114	10&U	100 Fly	1:26.69	1:37.89	1:25.59	1:36.49
115-116	8&U	25 Back	-----	-----	-----	-----
117-118	10&U	50 Back	38.09	43.69	38.29	43.89
119-120	8&U	50 Breast	41.99	48.29	42.19	48.49
121-122	10&U	100 Breast	1:33.39	1:46.99	1:31.79	1:45.99
123-124	8&U	100 Medley Relay	-----	-----	-----	-----
125-126	10&U	100 Medley Relay	-----	-----	-----	-----
127-128	8&U	100 Free	1:11.89	1:21.89	1:10.79	1:20.59
129-130	10&U	200 IM	2:55.99	3:19.89	2:55.29	3:18.89

\*THESE EVENTS ARE NOT RECOGNIZED BY USA SWIMMING AND FLORIDA SWIMMING AND ARE ONLY INCLUDED IN THIS MEET FOR THE PURPOSES OF HAVING FUN. ©

**MASTER ENTRY FORM  
2011 FLORIDA SWIMMING SHORT COURSE  
Harry Meisel Championships - EAST**

**COURSE: 25 YARD  
DATE OF MEET: DECEMBER 10-11, 2011**

TEAM NAME \_\_\_\_\_ CALL \_\_\_\_\_

ADDRESS \_\_\_\_\_  
\_\_\_\_\_

COACH \_\_\_\_\_ LSC \_\_\_\_\_

HOME PHONE \_\_\_\_\_ OFFICE PHONE \_\_\_\_\_

**SWIMMER/COACH REGISTRATION**

I certify that all individuals listed on the attached entry forms are currently registered members of USA Swimming and are eligible to compete in this meet. I further certify that one or more of the following coaches will be on deck supervising the activities of these individuals during all warm up and competitive sessions at the meet.

NAME OF COACH	TEAM
_____	_____
_____	_____

I certify that the individuals listed above are currently registered USA Coach Members, and that I am a current USA registered Non-athlete member.

\_\_\_\_\_  
Signature (MUST be a USA member)                      Team                      Date

**ENTRY DEADLINE**

**Entries must be received by Monday, December 5, 2011, no later than 5:00 p.m.  
Email to [bollesswimming@yahoo.com](mailto:bollesswimming@yahoo.com) and mail paper and Hytek Export entries to:**

**Bob Anderson  
120 Atlantic Blvd.  
Neptune Beach, FL 32266**

**FINANCIAL RECAP**

WE HAVE ENTERED THE FOLLOWING:

Total number of swimmers entered	_____	
Women's individual events	_____	at \$3.00 each = \$ _____
Men's individual events	_____	at \$3.00 each = \$ _____
Women's relay events	_____	at \$5.00 each = \$ _____
Men's relay events	_____	at \$5.00 each = \$ _____
Facility surcharge	_____	at \$7.50 each = \$ _____
TOTAL ENTRY FEES PAID =		\$ _____

**MAKE CHECKS PAYABLE TO: Central Florida Marlins**