

**2011 CAT Jingle Bell Meet**  
**Hosted by the Clearwater Aquatic Team (CAT)**  
**December 2-4, 2011**

- SANCTIONED BY:** Florida Swimming Sanction #XXXX  
"In granting this approval it is understood and agreed that USA Swimming/Florida Swimming shall be free and held harmless from any liabilities or claims from damages arising by reason of injuries to anyone during the conduct of the event."
- CONDITION OF SANCTION:** The competition course has been certified in accordance with 104.2.2C(4). The copy of such certification is on file with USA Swimming. Any swimmer entered in the meet, unaccompanied by a USA-S member coach, must be certified by a USA-S member coach as being proficient in performing a racing start or must start each race from within the water. It is the responsibility of the swimmer or the swimmer's legal guardian to ensure compliance with this requirement.
- CAMERA ZONE:** Per Florida Swimming Rule 223.12, Meet Management shall designate and inform the public of "Camera Zones" at each swim meet where both still photography of a race or a competitor in a race may be taken. Acceptable "Camera Zones" may include, but are not limited to the side course of a pool, team gathering areas, concession area, turn-end of competition course when not in use as a "start end." Meet Management shall also designate "Non-Camera Zones." Under NO circumstances will Camera Zones include the area immediately behind the starting blocks at either end of the race course(s) while they are in use for "race starting purposes" during competition and warm-ups, locker rooms, rest rooms, or any other dressing areas. Any individual failing to abide by this rule could be subject to the Florida Swimming Code of Conduct violation as defined in Rule 239.2.
- TYPE OF MEET:** Prelims-finals on Friday, Saturday, and Sunday. Pre-lims Short Course Yards, Finals Long Course Meters. Two courses may be used for pre-lims if Meet Management deems necessary due to number of entries and 4 hour time limit constraints.
- DATES & TIMES:**
- |  | <b>Warm-ups</b> | <b>Meet Start</b> |
|--|-----------------|-------------------|
| <b>Prelims (13-14, Sr)</b>                 | 7:00am          | 8:30am            |
| <b>Prelims (8&amp;U,10&amp;U,12&amp;U)</b> | Not before Noon | Not before 1pm    |
| <b>Finals</b>                              | 5:00pm          | 6:00pm            |
- LOCATION:** The Doyle Aquatic Center at the Long Center, 1501 N Belcher Rd, Clearwater, FL 33765
- POOL & FACILITY SPECS:** The Doyle Aquatic Center is a 10 lane 50 meter X 20 lane 25 yd pool that varies in depth from twelve feet at the start end to four feet at the turn end. A separate 3 lane 25 yard pool will be available for continuous warm-up and warm-down throughout the meet. There is permanent bleacher seating available for 294 people along with an additional standing room only section directly behind the bleachers for viewing the competition. Depending on the number of guests, swimmers and parents will also be able to rest and relax in the Long Center Gym where we will have 42" TVs set up that will show a live feed of the competition scoreboards.
- TIMING SYSTEM:** A Daktronics timing system, touch pads, and starting system will be used. Times will be displayed on one of our two scoreboards.
- ELIGIBILITY:** Must be a 2011 and/or 2012 USA Swimming registered athlete.

**SEEDING:**

All entry times must be submitted in short course yards (SCY). LCM to SCY Conversions are allowed. Check-in will be required for all events 400 yards and higher. 500/400Fr, 800/1000, 1500/1650 and relays are all timed finals.

In prelims, all events will be seeded fastest to slowest with the fastest three heats being circle seeded. All finals and timed finals events will be seeded fastest to slowest. There will be one heat of finals for 12&unders, two heats of finals for 13-14, and two heats of finals for Senior. All 8 &Under and 10 & Under events are timed finals. The 12 & Under 100IM is a Timed Final

The 500/400Fr, 1000yd Fr, 1650yd Fr, 800M Fr and 1500M Fr will be timed finals with the fastest two heats of 13-14 and Sr 500/400 Fr swum in finals. 500yd times will be used to seed event the 500/400. The Senior 800M/1000Yd and 1500M/1650Yd Fr are separate events. The swimmer may choose either event. The Women's 800M Fr and Men's 1500 M Fr will be swum with finals and limited to the fastest 20 swimmers for each event. The Senior 1000/1650 yd fr are open to women and men and will be limited to 40 swimmers each.

Relays will be swum 12&Under and Senior. The fastest two heats for Senior and fastest heat of 12&U relays will be swum in the finals and all other relays will be swum in prelims.

**RULES:**

Current USA Swimming Technical Rules will govern. (Safety rules as outlined by USA Swimming will be in effect during all warm-up and warm-down time frames and areas.)

**AWARDS:**

Individual events will be awarded 1<sup>st</sup> - 8<sup>th</sup> place ribbons. High Point medals will be awarded for 8&U, 10&U, 12&U, 13-14 and Senior. High point team will be awarded a plaque.

**SCORING:**

Individual Events Sr and 13-14; 24-21-20-19-18-17-16-15-14-13-11-9-8-7-6-5-4-3-2-1  
Individual Events 12&U, 10&U, 8&U; 12-9-8-7-6-5-4-3-2-1  
Relays Sr and 13-14; 48-42-40-38-36-34-32-30-28-26-22-18-16-14-12-10-8-6-4-2  
Relays 12&U; 24-18-16-14-12-10-8-6-4-2

\*\*\*\*Teams must designate an "A" and "B" relay for scoring purposes. Only those relays are eligible for scoring points.\*\*\*\*\*

**WARM-UP:**

Enclosed warm-up schedule will be used. Warm-up will be 60 minutes guaranteed prior to the start of each session.

**SCRATCHES:**

**Prelims/timed finals:** No penalty for scratching on the block with the exception of deck seeded events. No penalty for failure to swim a deck seeded event that the swimmer checked in for. Check in must be done with the clerk of course prior to the listed check in time to be seeded in that event. **Any swimmer properly entered in a deck seeded event, who fails to check in for that event, will be allowed to swim in an open lane for that event only. No new heats will be created – first come first served.**

**Finals:** Any swimmer who competed in a preliminary heat and qualifies for finals must swim the event during finals unless the swimmer announced his/her intention to scratch from the event within 30 minutes of the announcement of the qualifiers for that event. He/she has until 30 minutes after his or her final prelim of the day to finalize his/her scratch with the clerk of course. Failure to do so will result in the swimmer being barred from his/her next individual event of the meet. Meet Referee has discretion to excuse athletes for medical reasons.

**DISTANCE CHECK-IN:** Check-in with the clerk of course will be at the announcer's table. The check-in times will be the following:

13-14 & Senior 500/400Fr – Friday, Dec 2<sup>nd</sup> , 9:00am  
12&Under 500/400Fr – Friday, Dec 2nd, 1:00pm  
13-14 & Senior 400IM – Saturday, Dec 3<sup>rd</sup> , 9:00am  
12&Under 400IM – Saturday, Dec 3<sup>rd</sup> , 1:00pm  
Senior 800/1000, 1500/1650Fr – Saturday, Dec 3<sup>rd</sup> , 6:00pm

**ENTRY LIMIT:** Swimmers will be limited to three events per day for 12&U, 13-14 and Sr. Four per day for 10&U. If a swimmer is over-entered in a session, any events entered over the three/four event limit will be dropped at the point of over-entry. Entries will be accepted on a first come, first served basis until the sessions are a maximum of four (4) hours in length.

**DECK ENTRIES:** Deck entries will be accepted to fill heats only. No new heats will be created. Fees are \$10.00 per individual deck entry, plus \$10.00 surcharge if not previously entered in meet, must be paid at time of entry. Deck entries will be accepted by the administrative referee or designated representative and assigned a lane no later than **45 minutes** prior to the start of each session. A swimmer may not drop an event to deck enter another event. The entry limit of four individual swims per day applies.

**ENTRY FEES:** Individual: \$4.00 per event  
Relay: \$8.00 per event  
Facility charge: \$10.00 per swimmer

**ENTRY DEADLINE:** All entries must be received by 5:00 p.m. Tuesday, November 22<sup>rd</sup>, 2011. Enclose payment to the Clearwater Aquatic Team (CAT) with team entry. Please mail by Express Mail, Federal Express, UPS or other rapid mail service. Mail early, this meet is likely to fill up early. Email entries to [swimresultsbytrg@aol.com](mailto:swimresultsbytrg@aol.com) are accepted. Mail hardcopies along with disk and payment to:

**Clearwater Aquatic Team (CAT)**  
**c/o Eva Gronke**  
**3534 Chessington Drive**  
**Land O Lakes, FL 34638**

**ENTRY FORMS:** Entries may be submitted on the enclosed entry forms (please print legibly). Hy-tek electronic email entry is preferred. Please note that there is an additional \$50 fee for entries submitted on the entry forms.

**OFFICIALS:**

Head Referee	Jim Hirschberger
Admin Referee	Tony Uselis
Starter	Bob Slockett
Chief Stroke & Turn	Andy Nuyianes
Meet Manager	Brandon Wittman
Meet Marshall	Cathy Frazier

**COACHES/OFFICIALS:** Coaches/officials must visibly display a valid USA membership card at all times while on deck. A 2011 coaching member of USA Swimming must supervise each swimmer participating in a Florida Swimming sanctioned meet during warm-up and competition. An unattached athlete, without a team affiliation and not escorted by a coach member, must check in with the meet referee or head marshal upon arrival at the meet. Such athletes will be assigned to a substitute coach who will supervise the swimmer(s) during warm-up and competition. There will be a coaches meeting before the first session of the meet on Friday.

**TEAM REPRESENTATIVE:** Prior to the start of the meet, the name of one person for each team other than the coach may be given to the meet referee. The meet referee will only recognize the coach and that designated person relative to matters pertaining to the meet.

**INFORMATION:** Randy Reese/Brandon Wittman 727-791-9542, email [catmanager@clearwateraquatics.com](mailto:catmanager@clearwateraquatics.com)

**NOTE:** \*Events/heats may be combined at the discretion of the meet referee.

### **WARM-UP SCHEDULE:**

**First ½ hour will be warm-up as follows:**

Lane 1 pace 50 & 100 circle swimming  
Lane 2 push off 25s one way only  
Lane 3 swim & pulling, push off  
Lane 4 swim & pulling, push off  
Lane 5 swim & pulling, push off  
Lane 6 swim & pulling, push off  
Lane 7 swim & pulling, push off  
Lane 8 swim & pulling, push off  
Lane 9 push off 25s, one way only  
Lane 10 pace 50 & 100 circle swimming

**Last hour of warm-ups will be as follows:**

Lane 1 pace 50 & 100 circle swimming  
Lane 2 racing starts 25s one length  
Lane 3 swim & pulling, push off  
Lane 4 swim & pulling, push off  
Lane 5 swim & pulling, push off  
Lane 6 swim & pulling, push off  
Lane 7 swim & pulling, push off  
Lane 8 racing starts 25s one length  
Lane 9 racing starts 25s one length  
Lane 10 pace 50 & 100 circle swimming

**NO EQUIPMENT TO BE USED DURING WARM-UP**  
**NO RACING STARTS IN WARM-UP OR COOL DOWN LANES DURING MEET**  
**Swimmers must enter the water feet first with at least one hand on the pool deck.**

# ORDER OF EVENTS

**Friday, December 2<sup>nd</sup> , 2011**

Session 1

Warm-ups - 7:00am; Meet Starts - 8:30am

Women	Event	Men
1	Senior 100Fly	2
3	13-14 100Fly	4
5	Senior 50Bk	6
7	13-14 50Bk	8
9	Senior 200IM	10
11	13-14 200IM	12
13	Senior 50Fr	14
15	13-14 50Fr	16
17*	Senior 500Fr	18**
19*	13-14 500Fr	20**
21	Senior 200 Medley Relay***	22

\* - Senior & 13-14 Women 500Fr – Qualifying Time 5:52.99

\*\* - Senior & 13-14 Men 500Fr – Qualifying Time 5:35.19

\*\*\* - Senior 200 Medley Relay – Fastest 2 heats swum in finals

**Friday, December 2<sup>nd</sup> , 2011**

Session 2

Warm-ups - Not Before Noon; Meet Starts - Not before 1:00pm

Women	Event	Men
23	12&Under 100Fly	24
25	10&Under 100 Fly	26
27	12&Under 50Bk	28
29	10&Uner 50Bk	30
31	12&Under 200IM	32
33	10&U 100IM	34
35	12&Under 50Fr	36
37	10&Under 50Fr	38
39*	12&Under 500Fr	40**
41	12&Under 200 Medley Relay***	42

\* - 12&Under Women 500Fr – Qualifying Time 6:30.99

\*\* - 12&Under Men 500Fr – Qualifying Time 6:30.99

\*\*\* - 12&Under 200 Medley Relay – Fastest heat swum in finals

**Friday, December 2<sup>nd</sup> , 2011**  
**Session 3**  
**Warm-ups 5:00pm; Meet Starts 6:00pm**

Women	Event	Men
1	Senior 100Fly	2
3	13-14 100Fly	4
23	12&Under 100Fly	24
5	Senior 50Bk	6
7	13-14 50Bk	8
27	12&Under 50Bk	28
9	Senior 200IM	10
11	13-14 200IM	12
31	12&Under 200IM	32
13	Senior 50Fr	14
15	13-14 50Fr	16
35	12&Under 50Fr	36
17	Senior 400Fr	18
19	13-14 400Fr	20
39	12&Under 400Fr	40
21	Senior 200 Medley Relay	22
41	12&Under 200 Medley Relay	42

**Saturday, December 3<sup>rd</sup> , 2011**  
**Session 4**  
**Warm-ups - 7:00am; Meet Starts - 8:30am**

Women	Event	Men
43	Senior 200Fr	44
45	13-14 200Fr	46
47	Senior 100Br	48
49	13-14 100Br	50
51	Senior 200Bk	52
53	13-14 200Bk	54
55	Senior 50Fly	56
57	13-14 50Fly	58
59*	Senior 400IM	60**
61*	13-14 400IM	62**
63	Senior 200 Fr Relay***	64

\* - Senior & 13-14 Women 400IM – Qualifying Time 5:17.79

\*\* - Senior & 13-14 Men 400IM – Qualifying Time 5:00.49

\*\*\* - Senior 200 Fr Relay – Fastest 2 heats swum in finals

**Saturday, December 3<sup>rd</sup> , 2011**

**Session 5**

**Warm-ups - Not Before Noon; Meet Starts - Not before 1:00pm**

<b>Women</b>		<b>Event</b>		<b>Men</b>
65		10&Under 200Fr		66
67		12&Under 200 Fr		68
69		8&Under 25Br		70
71		10&Under 100Br		72
73		12&Under 100Br		74
75		8&Under 25Bk		76
77		12&Under 200Bk		78
79		10&Under 50Fly		80
81		12&Under 50Fly		82
83		10&Under 200IM		84
85*		12&Under 400IM		86**
87		12&Under 200 Fr Relay***		88

\* - 12&Under Women 400IM – Qualifying Time 5:40.99

\*\* - 12&Under Men 400IM – Qualifying Time 5:40.99

\*\*\* - 12&Under 200 Fr Relay – Fastest heat swum in finals

**Saturday, December 3<sup>rd</sup> , 2011**

**Session 6**

**Warm-ups 5:00pm; Meet Starts 6:00pm**

<b>Women</b>		<b>Event</b>		<b>Men</b>
43		Senior 200Fr		44
45		13-14 200Fr		46
67		12&Under 200Fr		68
47		Senior 100Br		48
49		13-14 100Br		50
73		12&Under 100Br		74
51		Senior 200Bk		52
53		13-14 200Bk		54
77		12&Under 200Bk		78
55		Senior 50Fly		56
57		13-14 50Fly		58
81		12&Under 50Fly		82
59		Senior 400IM		60
61		13-14 400IM		62
85		12&Under 400IM		86
63		Senior 200 Fr Relay		64
87		12&Under 200 Fr Relay		88

**Sunday, December 4<sup>th</sup>, 2011**  
**Session 7**  
**Warm-ups - 7:00am; Meet Starts - 8:30am**

Women	Event	Men
<b>89</b>	<b>13-14 100Fr</b>	<b>90</b>
<b>91</b>	<b>Senior 100Fr</b>	<b>92</b>
<b>93</b>	<b>13-14 200Br</b>	<b>94</b>
<b>95</b>	<b>Senior 200Br</b>	<b>96</b>
<b>97</b>	<b>13-14 100Bk</b>	<b>98</b>
<b>99</b>	<b>Senior 100Bk</b>	<b>100</b>
<b>101</b>	<b>13-14 200Fly</b>	<b>102</b>
<b>103</b>	<b>Senior 200Fly</b>	<b>104</b>
<b>105</b>	<b>13-14 50Br</b>	<b>106</b>
<b>107</b>	<b>Senior 50Br</b>	<b>108</b>
<b>109*</b>	<b>Senior 1000Fr</b>	<b>110**</b>
<b>111***</b>	<b>Senior 1650Fr</b>	<b>112****</b>

\*-Senior Women 1000Fr—Qualifying Time 11:55.89  
 \*\*-Senior Men 1000Fr—Qualifying Time 11:12.19  
 \*\*\* - Senior Women 1650Fr – Qualifying Time 19:58.89  
 \*\*\*\* - Senior Men 1650Fr – Qualifying Time 18:47.99

**Sunday, December 4<sup>th</sup>, 2011**  
**Session 8**  
**Warm-ups - Not Before Noon; Meet Starts - Not before 1:00pm**

Women	Event	Men
<b>113</b>	<b>12&amp;Under 100Fr</b>	<b>114</b>
<b>115</b>	<b>10&amp;U 100 Fr</b>	<b>116</b>
<b>117</b>	<b>12&amp;Under 200Br</b>	<b>118</b>
<b>119</b>	<b>8&amp;Under 25Fly</b>	<b>120</b>
<b>121</b>	<b>12&amp;Under 100Bk</b>	<b>122</b>
<b>123</b>	<b>10&amp;Under 100 Bk</b>	<b>124</b>
<b>125</b>	<b>8&amp;Under 25Fr</b>	<b>126</b>
<b>127</b>	<b>12&amp;Under 200Fly</b>	<b>128</b>
<b>129</b>	<b>10&amp;Under 50Br</b>	<b>130</b>
<b>131</b>	<b>12&amp;Under 50Br</b>	<b>132</b>
<b>133</b>	<b>12&amp;Under 100IM</b>	<b>134</b>

**Sunday, December 4<sup>th</sup>, 2011**  
**Session 9**  
**Warm-ups 5:00pm; Meet Starts 6:00pm**

<b>Women</b>		<b>Event</b>		<b>Men</b>
<b>135*</b>		<b>Women Senior 800Fr</b>		
		<b>Men Senior 1500 Fr</b>		<b>136**</b>
<b>113</b>		<b>12&amp;Under 100Fr</b>		<b>114</b>
<b>89</b>		<b>13-14 100Fr</b>		<b>90</b>
<b>91</b>		<b>Senior 100Fr</b>		<b>92</b>
<b>117</b>		<b>12&amp;Under 200Br</b>		<b>118</b>
<b>93</b>		<b>13-14 200Br</b>		<b>94</b>
<b>95</b>		<b>Senior 200Br</b>		<b>96</b>
<b>121</b>		<b>12&amp;Under 100Bk</b>		<b>122</b>
<b>97</b>		<b>13-14 100Bk</b>		<b>98</b>
<b>99</b>		<b>Senior 100Bk</b>		<b>100</b>
<b>127</b>		<b>12&amp;Under 200Fly</b>		<b>128</b>
<b>101</b>		<b>13-14 200Fly</b>		<b>102</b>
<b>103</b>		<b>Senior 200Fly</b>		<b>104</b>
<b>131</b>		<b>12&amp;Under 50Br</b>		<b>132</b>
<b>105</b>		<b>13-14 50Br</b>		<b>106</b>
<b>107</b>		<b>Senior 50Br</b>		<b>108</b>

**\*Women 800Fr Qualifying Time 10:37.09**

**\*\*Men 1500Fr Qualifying Time 19:13.39**

**2011 CAT JINGLE BELL MEET  
HOSTED BY THE CLEARWATER AQUATIC TEAM  
DECEMBER 2-4, 2011**

**Master Entry Form**

Hosted by Clearwater Aquatics Team  
At The Long Center  
1501 N. Belcher Rd Suite 229  
Clearwater, FL 33765

Mail all Entries to Be Received by  
5:00 PM Tuesday, November 22<sup>nd</sup>, 2011

CAT Office (727) 791-9542

Team Name \_\_\_\_\_ Call Letters \_\_\_\_\_

Address \_\_\_\_\_

Coach \_\_\_\_\_ LSC \_\_\_\_\_

Home Phone \_\_\_\_\_ Office Phone \_\_\_\_\_

FAX# \_\_\_\_\_ EMAIL \_\_\_\_\_

*Swimmer/Coach Registration*

I certify that all individuals listed on attached entry forms are currently registered members of USA Swimming and are eligible to compete in this meet. I further certify that one or more of the following coaches will be on deck supervising the activities of these individuals during warm up and competitive sessions at the meet.

**Name(s) of Coach(es)**

\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_

\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_

**I Certify that the individuals listed above are currently registered USA Swimming Coach Members.**

\_\_\_\_\_  
Signature of USA Swimming Member

\_\_\_\_\_  
Team

\_\_\_\_\_  
Date

**Financial Recap**

**Total Numbers of Swimmers** \_\_\_\_\_ @ \$10.00 Each=\$ \_\_\_\_\_

**Total Individual Entries** \_\_\_\_\_ @ \$4.00 Each=\$ \_\_\_\_\_

**Total Relay Entries** \_\_\_\_\_ @ \$8.00 Each=\$ \_\_\_\_\_

**Total Entry Fees Paid** \$ \_\_\_\_\_

**Due by 5PM Tuesday, November 22nd, 2011**

**Make Checks payable to CAT**

MAIL ENTRIES TO:

**Clearwater Aquatic Team (CAT)  
c/o Eva Gronke  
3534 Chessington Drive  
Land O Lakes, FL 34638**

