

# Winter Swim Meet Checklist

as the temperature drops don't forget these items

- Swim Parka (if you own one)
- Socks (and dry shoes/slippers)
- Extra Towels
- Hat/Gloves
- Chair (and blanket)
- water/gatorade
- Snacks
- Sweatshirt/Hoodie
- Sweatpants/PJ Pants